

Mozhgan Moshtagh

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Profile

I am a career academic with a research interest in 'public health and development. I am looking to finding an investigator role, most likely in the broader disciplines of social psychology and development or public health and well-being.

Education and qualifications

2017- The University of Social Welfare and Rehabilitation Sciences, Tehran

Ph.D., Social health and welfare

Modules included: Health Promotion, Health, and social policy, Health economy, Equity in health, Well-being.

Dissertation: **The process of young Iranian women becoming addicted to sex**

Supervisors:

Professor Hassan Rafiey and Dr Jila Mirlashari.

2006

University of Mashhad

MSc, Medical-Surgical Nursing, Distinction

Dissertation: **Aquatic exercise effect on fatigue and quality of life of women with multiple sclerosis**

Supervisors: Dr. Hadi Koshlar, Dr. Mohammad Ali Sardar, & Dr. Mohsen Foroughipour

Employment

2011- Present	Researcher
2000- 2011	Head nurse in the heart ward and chief staff in CCU, as well as contribution to education and research activities.

Publications

- Role of Zinc Supplementation in the Improvement of Acute Respiratory Infections among Iranian Children: A Systematic Review, National Research Institute of Tuberculosis and Lung Disease, Iran, Review Article
- Fatigue and quality of life of women with multiple sclerosis: A randomized controlled clinical trial
- Multiple Sclerosis and Supplementary Treatment in Iran: A Review Article
- Human identity versus gender identity: The perception of sexual addiction among Iranian women
- Facilitators and barriers of compulsive sexual behavior in Iranian women
- Community viewpoints about the water crisis, conservation, and recycling in Tehran
- Emotional experiences during childhood and perception of Iranian women with compulsive sexual behavior: A qualitative research
- Nurturing spirituality during childhood; a passive approach for health and social improvement: a review paper.
- Moral distress situations in nursing care
- Psychoeducational Group Therapy for sexual function and marital satisfaction in Iranian couples with sexual dysfunction disorder
- Psychometric Evaluation of the Comprehensive Score for Financial Toxicity Scale among Iranian Cancer Patients (under review)
- The Circle of Gain and Loss: Iranian women's life stories of suffering from compulsive sexual behavior
- Investigating the Effect of Social Support, Social Capital and Coping in the Positive State of Mind of Iranian Older People with HIV/AIDS (acquired immunodeficiency syndrome)
- Predicting the mental health of prisoners by artificial neural network
- Global collaboration and social practices to mitigate impacts of COVID-19 in the world: a lived experience of infecting
- Informational and supportive needs of the family caregivers of women with breast cancer in a low resource context: a cross-sectional study
- COVID-19 and multidimensional deprivation in rural women with cancer in Iran
- A perspective on the sense of loneliness and its determinants in Iranian older people
- Psychometric evaluation of the Connor-Davidson Resilience Scale among Iranian population

- Inflammatory and Oxidative Stress Biomarkers in the Elderly, the Birjand Longitudinal Aging Study
- Intimate Partner Violence in the Middle East Region: A Systematic Review and Meta-Analysis
- Experiences of women with cancer living in the rural areas of Iran during the COVID-19 pandemic: a qualitative study
- Comparative Study of the Long-Term Impact of the COVID-19 Pandemic on Mental Health and Nutritional Practices Among International Elite and Sub-Elite Athletes: A Sample of 1420 Participants from 14 Countries
- From nuisance to helpful assistants: A qualitative thematic analysis of medical volunteers' experiences during the COVID-19 outbreak in Iran
- Association of Hemoglobin and Vitamin D status with Depression and Cognitive Function in Iranian Older Adults
- Using Social Media in Response to COVID-19 Crisis in Health-Related Organizations in Iran: Short Communication
- Protective effects of carvacrol on lipid profiles, oxidative stress, hypertension, and cardiac dysfunction – A comprehensive review
- Loneliness, depression, and cognitive function among Iranian older adults: is gender important?
- Association of hemoglobin and vitamin D status with depression and cognitive function in Iranian older adults
- Self-Care Levels and Related Factors in Patients With Coronary Artery Disease A Cross-Sectional Study in the Southeast of Iran, Journal of Cardiovascular Nursing
- Validity and reliability of the Persian version of the gender equity scale in nursing education

➤ Contribution in the book's translation:

Cardiac Nursing, Sixth Ed 2010, Susan L. Woods & Erika S. Sivarajaana, Froelicher

Current projects

- Prevalence of intimate partner violence in the Middle East: A systematic review
- Prevalence of child abuse or maltreatment in the Middle East: A systematic review
- Needs assessment for family caregivers of women with breast cancer in Birjand city
- Investigating the relationship between loneliness, spiritual health and sleep quality among elderly in Birjand city in the COVID 19 pandemic
- Examining the relationship between social capital and quality of life in elderly of Birjand
- Experiences and therapeutic challenges of women with cancer during COVID 19 pandemic
- Investigate the pattern of using social media and its mental and emotional impacts on the staff of Birjand University of Medical Sciences during the outbreak of the Coronavirus

- Examining high-risk behaviors and associated factors among injecting drug users attending de-addiction and treatment centers of South Khorasan

Research projects (finished)

- The effect of aquatic exercise on fatigue and quality of life of women with multiple sclerosis
- Evaluation of social support for child's multidimensional poverty in Iran
- Moral distress situations in nurses working in critical wards from a teaching hospital in Mashhad
- Management of identifying risk and protecting factors in the prevention and handling of social problems
- Assessing viewpoints of two municipalities regions of Tehran towards water crisis and management

Conference papers and presentations

- Presentation: 22nd Congress of the European Committee for Treatment & Research in Multiple sclerosis, 2006 – Madrid, Spain
- Presentation: 3rd International Multiple sclerosis congress, 2006- Isfahan
- Presentation: Diabetes & Vascular surgery congress- Tehran
- Presentation: 1st Nursing Ethics, 1392- Tehran
- Poster Presentation: 2nd Nursing Ethics, 1393- Tehran
- Poster Presentation: International Congress of Women Health Promotion, 2013-Urmia
- Presentation: 9th International Addiction Science Congress, 2015- Tehran
- Presentation: 10th International Addiction Science Congress, 2016- Tehran
- Presentation: 5th International Congress on Mobile Health, 2023, Shiraz

Research techniques

I am interested in research design and the collection, analysis, and reporting of primary and secondary data sources. I have experience in executing a clinical trial and qualitative methods (including content analysis and grounded theory).

Workshop/Webinar

Webinar Building trust in and through the peer review process

Successful research grant applications – getting it right

A practical guide on getting grants for university research and start-up seeds funding

Corona Expert Panel on Government Performance

Corona and Business Management Panel

Corona Expert Panel on Organization Theories

Share research data with the platform

Professional membership

Iran Anthropology Association

Interests and additional skills

Teaching

I have experience teaching in health and nursing field (public first aids, cardiac nursing, and ECG reading)

Reviewing

I have completed several modules regarding the referee of scientific papers presented by ELSEVIER and Publons.

Administration

Throughout my career, I have taken responsibility for a range of administrative duties. As a research assistant, my role included collecting and summarizing data; additionally, I was responsible for analyzing data as an independent researcher.

Technology

I know many Microsoft office programs, and I am confident in using technology for research and administrative purposes. I have almost competent in SPSS, STATA, and MAXQDA software packages.

- Word
- PowerPoint
- Endnote
- Mendeley
- SPSS, MAXQDA

Language

I am nearly experienced in the English language, especially in writing and reading skills.

Old work experience

I have about 13 years of full-time work experience in the nursing field.

References

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Rehabilitation Sciences, Tehran
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