

## **Mozhgan Moshtagh**

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### **Profile**

I am a career academic with a research interest in 'public health and development. I am looking to finding an investigator role, most likely in the broader disciplines of social psychology and development or public health and well-being.

### **Education and qualifications**

۲۰۱۷- The University of Social Welfare and Rehabilitation Sciences, Tehran

**Ph.D., Social health and welfare**

Modules included: Health Promotion, Health, and social policy, Health economy, Equity in health, Well-being.

Dissertation:                      **The process of young Iranian women becoming addicted to sex**

Supervisors:

Professor Hassan Rafiey and Dr Jila Mirlashari.

۲۰۰۶

**University of Mashhad**  
**MSc, Medical-Surgical Nursing, Distinction**

**Dissertation:                      Aquatic exercise effect on fatigue and quality of life of women with multiple sclerosis**

Supervisors: Dr. Hadi Koshiar, Dr. Mohammad Ali Sardar, & Dr. Mohsen Foroughipour

## **Employment**

۲۰۱۱- Present

Researcher

۲۰۰۰- ۲۰۱۱

Head nurse in the heart ward and chief staff in CCU, as well as contribution to education and research activities.

## **Publications**

- Role of Zinc Supplementation in the Improvement of Acute Respiratory Infections among Iranian Children: A Systematic Review, National Research Institute of Tuberculosis and Lung Disease, Iran, Review Article
- Fatigue and quality of life of women with multiple sclerosis: A randomized controlled clinical trial
- Multiple Sclerosis and Supplementary Treatment in Iran: A Review Article
- Human identity versus gender identity: The perception of sexual addiction among Iranian women
- Facilitators and barriers of compulsive sexual behavior in Iranian women
- Community viewpoints about the water crisis, conservation, and recycling in Tehran
- Emotional experiences during childhood and perception of Iranian women with compulsive sexual behavior: A qualitative research
- Nurturing spirituality during childhood; a passive approach for health and social improvement: a review paper.
- Moral distress situations in nursing care
- Psychoeducational Group Therapy for sexual function and marital satisfaction in Iranian couples with sexual dysfunction disorder
- Psychometric Evaluation of the Comprehensive Score for Financial Toxicity Scale among Iranian Cancer Patients (under review)
- The Circle of Gain and Loss: Iranian women's life stories of suffering from compulsive sexual behavior
- Investigating the Effect of Social Support, Social Capital and Coping in the Positive State of Mind of Iranian Older People with HIV/AIDS (acquired immunodeficiency syndrome)
- Predicting the mental health of prisoners by artificial neural network
- Global collaboration and social practices to mitigate impacts of COVID-۱۹ in the world: a lived experience of infecting
- Informational and supportive needs of the family caregivers of women with breast cancer in a low resource context: a cross-sectional study
- COVID-۱۹ and multidimensional deprivation in rural women with cancer in Iran
- A perspective on the sense of loneliness and its determinants in Iranian older people
- Psychometric evaluation of the Connor-Davidson Resilience Scale among Iranian population

- Inflammatory and Oxidative Stress Biomarkers in the Elderly, the Birjand Longitudinal Aging Study
- Intimate Partner Violence in the Middle East Region: A Systematic Review and Meta-Analysis
- Experiences of women with cancer living in the rural areas of Iran during the COVID-19 pandemic: a qualitative study
- Comparative Study of the Long-Term Impact of the COVID-19 Pandemic on Mental Health and Nutritional Practices Among International Elite and Sub-Elite Athletes: A Sample of 1420 Participants from 14 Countries
- From nuisance to helpful assistants: A qualitative thematic analysis of medical volunteers' experiences during the COVID-19 outbreak in Iran
- Association of Hemoglobin and Vitamin D status with Depression and Cognitive Function in Iranian Older Adults
- Using Social Media in Response to COVID-19 Crisis in Health-Related Organizations in Iran: Short Communication

➤ Contribution in the book's translation:

Cardiac Nursing, Sixth Ed ۲۰۱۰, Susan L. Woods & Erika S. Sivarajaana, Froelicher

### **Current projects**

- Prevalence of intimate partner violence in the Middle East: A systematic review
- Prevalence of child abuse or maltreatment in the Middle East: A systematic review
- Needs assessment for family caregivers of women with breast cancer in Birjand city
- Investigating the relationship between loneliness, spiritual health and sleep quality among elderly in Birjand city in the COVID 19 pandemic
- Examining the relationship between social capital and quality of life in elderly of Birjand
- Experiences and therapeutic challenges of women with cancer during COVID 19 pandemic
- Investigate the pattern of using social media and its mental and emotional impacts on the staff of Birjand University of Medical Sciences during the outbreak of the Coronavirus
- Examining high-risk behaviors and associated factors among injecting drug users attending de-addiction and treatment centers of South Khorasan

### **Research projects (finished)**

- The effect of aquatic exercise on fatigue and quality of life of women with multiple sclerosis
- Evaluation of social support for child's multidimensional poverty in Iran
- Moral distress situations in nurses working in critical wards from a teaching hospital in Mashhad
- Management of identifying risk and protecting factors in the prevention and handling of social problems
- Assessing viewpoints of two municipals regions of Tehran towards water crisis and management

### **Conference papers and presentations**

- Presentation: 22<sup>nd</sup> Congress of the European Committee for Treatment & Research in Multiple sclerosis, 2006 – Madrid, Spain
- Presentation: 3<sup>rd</sup> International Multiple sclerosis congress, 2006- Isfahan
- Presentation: Diabetes & Vascular surgery congress- Tehran
- Presentation: 1<sup>st</sup> Nursing Ethics, 1392- Tehran
- Poster Presentation: 2<sup>nd</sup> Nursing Ethics, 1393- Tehran
- Poster Presentation: International Congress of Women Health Promotion, 2012-Urmia
- Presentation: 9<sup>th</sup> International Addiction Science Congress, 2010- Tehran
- Presentation: 10<sup>th</sup> International Addiction Science Congress, 2016- Tehran
- Presentation: 8<sup>th</sup> International Congress on Mobile Health, 2023, Shiraz

### **Research techniques**

I am interested in research design and the collection, analysis, and reporting of primary and secondary data sources. I have experience in executing clinical trial and qualitative methods (including content analysis and grounded theory).

### **Workshop/Webinar**

Webinar Building trust in and through the peer review process

Successful research grant applications – getting it right

A practical guide on getting grants for university research and start-up seeds funding

Corona Expert Panel on Government Performance

Corona and Business Management Panel

Corona Expert Panel on Organization Theories

Share research data with the platform

### **Professional membership**

Iran Anthropology Association

### **Interests and additional skills**

#### **Teaching**

I have experience teaching in health and nursing field (public first aids, cardiac nursing, and ECG reading)

#### **Reviewing**

I have completed several modules regarding the referee of scientific papers presented by ELSEVIER and Publons.

#### **Administration**

Throughout my career, I have taken responsibility for a range of administrative duties. As a research assistant, my role included collecting and summarizing data; additionally, I was responsible for analyzing data as an independent researcher.

#### **Technology**

I know many Microsoft office programs, and I am confident in using technology for research and administrative purposes. I have almost competent in SPSS, STATA, and MAXQDA software packages.

- Word
- PowerPoint
- Endnote
- Mendeley
- SPSS, MAXQDA

#### **Language**

I am nearly experienced in the English language, especially in writing and reading skills.

## **Old work experience**

I have about ۱۳ years of full-time work experience in the nursing field.

## **References**

Professor Hassan Rafiey

University of Welfare and

Rehabilitation Sciences, Tehran

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